

Summer 2013

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Five years of Commitment for children in hospital

Five years ago six Swiss University and Cantonal Hospitals founded the non-profit Art Therapy Foundation. With a small starting capital, the only objective was to make this innovative and effective therapy available to as many children and adolescents as possible that could not be covered by basic health insurance. From the start we could count on the support of numerous donors, private foundations and organisations, but also business companies and private persons place their trust in us. Our Foundation Board, to which renowned physicians and experts belong, ensures that the funds entrusted to us are used optimally and as effectively as possible.

With your support we will continue to pursue the task that we have set ourselves with optimism and conviction. I would like to thank you in the name of all concerned and particularly on behalf of the young patients and I wish you all the best.



Prof. Dr. Alain Golay
Hôpitaux Universitaires de Genève
(HUG, University Hospital of Geneva),
chairman of the ART-THERAPIE foundation



The participants of the art therapy information program in Lugano.

Exchange of experiences

At the invitation of the Alta Mane Foundation with headquarters in Rome, five meetings were held to exchange experiences between five specialised centres that offered creative therapy programs. Four centres in Italy and the paediatric department of Lugano Regional Hospital organised workshops and viewings, at which therapists, psychologists and physicians participated.

Successful charity gala

On February 25 the traditional “Lion’s Club of Geneva Charity evening” took place in the Intercontinental Hotel in Geneva. Around 450 club members and guests participated in this gala dinner, at which the well-known comedian Michel Leeb appeared. It was a successful and top-class event that attracted great media attention. The proceeds went to the **University Hospital of Geneva’s** program “Contrepoids” for overweight adolescents. This program is chaired by Dr. Nathalie Farpour and will now be co-financed by the Art-Therapie foundation for three years.



Dr. Farpour-Lambert, Jérôme Felicité, President of the Lions Club Geneva, Charlotte Leber, founder and Prof. Alain Golay, Chairman of the Art-Therapie foundation (from l to r).

The multi-disciplinary program can now be usefully supplemented in this sphere with the highly-effective art therapy.



A promising way

The confrontation with an illness, an accident or physical suffering is a painful experience for children and adolescents. Torn from their everyday life, they experience a stay in hospital as frightening and daunting and are often not able to express their suffering and tenseness. Art, music and dance therapies are new and effective treatments with acknowledged positive efficacy. They offer young patients the possibility of processing what they have experienced, of expressing their feelings and creating strength to overcome their illness.



Art, music and dance therapies for children and adolescents are offered in nine hospitals in all four parts of the country and are paid for or co-financed by the Foundation.

Baden Cantonal Hospital (KSB): Music therapy in the neonatology department and the pre-natal department for new-born babies and pregnant women at risk; **University Children's Hospital Basel (UKBB):** music therapy in the somatic, psy-

chosomatic, orthopaedic, paediatric and neonatology/IPS departments; **Grisons Cantonal Hospital (KSGR) Chur:** Art and music therapy in the paediatrics and adolescent medicine department. **University Hospital of Geneva (HUG):** Dance therapy for adolescents and art therapy for children and adolescents; **University Hospital of Lausanne (CHUV):** music therapy for children in the medical-surgical department and art and music therapy in the psychiatric department for adolescents; **Lugano Regional Hospital (EOC):** Art therapy for children and adolescents in the paediatric department; Children's Hospital, St. Gall: Music and art therapy for children, adolescents and newborn; **Winterthur Cantonal Hospital (KSW):** Art and music therapy for children and adolescents in the social paediatric centre; **University Children's Hospital Zurich (KISPI):** Cross-medial art therapy for small children, children and adolescents in the intensive care station.



The foundation in figures

- 6 Hospitals found the charitable foundation Art-Therapie
- 9 University and Cantonal Hospitals in 2013
- 23 Therapists (part-time) in 2013
- 2'500 patients could enjoy art, music and dance therapies in 2012.
- 7'600 Therapy sessions in 2012

Your donation helps!

Make these innovative and effective therapies for children, small children and adolescents in Swiss hospitals possible. Creative expression promotes and accelerates convalescence in small patients.

The ART-THERAPIE foundation is acknowledged as a non-profit organisation. Your donation is tax-deductible. Donations of 50 francs and more are thanked in writing and you receive an annual donation receipt.

Artists support our concerns

Great personalities from the world of music and art are convinced of the therapeutic effectiveness of music and support the mission of the Art-Therapie Foundation. The famous French pianist **Elizabeth Sombart** enthralled her audience in the concert halls of the world, but also plays her music in residences for the disabled and prisons. "Our consciousness perceives tones directly with both our physical bodies and our souls. In this way we have the ability of bringing them back into harmony", she explains.



She is an enrichment for the Patron's Committee, to which the world-famous conductor **Valery Gergiev**, manager of the Mariinski-Theaters in St. Petersburg, and designated director of the Munich Philharmonic, already belongs. The internationally-renowned cellist **Sol Gabetta** is among the greats of her profession, who will captivate her audience at the Menuhin festival in Gstaad. The director of the Solsberg chamber music festival also teaches at the Music Academy in Basel and holds master-classes. The famous singer and songwriter **Petula Clark** dedicated her touching song "Butterfly in the Snow" to the small patients and she campaigns in the media for the aims of the Foundation. As the patron right from the start she is our Foundation's godmother and we are truly beholden to her for her constant support. The internationally-renowned artist and video artist **Michel Huelin** from Geneva made one of his fascinating works available for the CD cover.

Thank you for your support!

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